



When:

Second Wednesday of each month from 10am-12pm

Where:

Medical Education Center (MEC) Building 2, Room 110
Robert J. Dole VA Medical Center
5500 East Kellogg
Wichita, Kansas 67218

In order to focus on yourself and the education provided, please plan to secure respite services or care for your children and Veteran.

Caregiver Education Series

This program is being offered to caregivers of Veterans who are interested in learning more about tools and resources to assist in the caregiving role.



Monthly Topics to Include:

February 8th	Recreational Therapy
March 14th	Communication and Problem Solving
April 11th	Managing Challenging Behaviors
May 9th	Strategies for Successful Caregiving
June 13th	Stress Management
July 11th	Medication Management
August 8th	Nutrition
September 12th	Medicare, Medicaid, and VA Benefits
October 10th	Activities of Daily Living & Fall Prevention
November 14th	Fire Safety and Emergency Planning
December 12th	End of Life Care Planning

Question? Please contact:

Stephany Robinson, LCSW
Caregiver Support Coordinator
(316) 685-2221 Ext. 57053



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